

Family Preservation: Service Model Proposal for (Local Authority)

Connective Strength

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Connective Strength is a cooperation between *Cherry Lane Therapeutic Services* and *Progressive Psychology UK*. We are a NVRA accredited training provider.



For the attention of:
(Professional, title, address)

Service Model Proposal: Family Preservation

by **Connective Strength**

1) Service targets

a) Preventing family Breakdown:

Connective Strength offers critical intervention services for families of young individuals in various at-risk situations, including:

- **Risk of Criminal Grooming, Sexual Exploitation, or Drug Misuse:** Providing targeted support to prevent these serious issues.
- **Causing Harm within the Family or Community:** Addressing behaviors that negatively impact family and community dynamics.
- **Waiting List for CAMHS:** Offering interim support while waiting for Child and Adolescent Mental Health Services.
- **Anti-social Behavior:** Intervening to redirect and manage anti-social tendencies.
- **Risk of Family Breakdown:** Working to prevent the dissolution of family units through structured support.

b) Young People in Care:

- **Rehabilitation Back into Family of Origin:** Facilitating the reintegration of young individuals from care into their original family settings.

c) Preventing Placement Breakdown:

- **Involvement of Caregivers and Family of Origin:** Ensuring that all relevant parties are involved in preventing placement disruptions for young individuals in care.

2) Intervention Plan

Duration:

- **3-Month Intervention:** Subject to multi-agency review to ensure effectiveness and adaptability; extension possible upon review and agreement.

Direct Support:

- **4 Hours/Week Direct Systemic Family Support:** Delivered based on Non-Violent Resistance (NVR) principles and methods by an accredited NVR practitioner. Supervised by Lead Professionals

Professional Supervision:

- **Coordinated and Supervised by Lead Professionals:**
 - BACP accredited CBT Therapist/NVRA accredited Trainer and Supervisor.
 - HCPC & BPS accredited Consultant Clinical Psychologist/systemic family therapist/NVRA accredited Trainer and Supervisor.
 - Supervision at a frequency of 1 hour for every 16 hours of family support.

Services included in fee total:

- **5 Hours Consultation, Assessment, and Planning:** Includes initial consultation with referring agency, treatment plan and clinical supervision of Connective Strength Family Support Clinical Practitioner.

3) Outcomes

- **Improved Family Dynamics: Enhanced resilience and cohesion within families.**
- **Reduced Risk Behaviour: Lower incidence of criminal grooming, exploitation, and drug misuse.**
- **Reduced Harmful Behaviour: Overcoming physical aggression/violence against siblings and caregivers, overcoming coercive control by young person, reduction in anti-social behaviour.**
- **Better Support for Young Individuals: Improved mental health, emotional self-regulation, psychological functioning / effective interim support while waiting for formal mental health services;**
- **Re-integration into or maintained attendance in education;**
- **Prevented Family and Placement Breakdowns: Maintaining family unity and stable care placements.**

Conclusion

Connective Strength is committed to providing comprehensive and effective family support interventions tailored to the needs of local authorities. High levels of professional qualification and experience, professionalism as well as the use of evidence-based approaches ensure a high standard of service delivery. Our program is designed to foster resilience, cohesion, and sustainable positive outcomes for young individuals and their families. Family preservation by connective strength is an investment in more positive development trajectories for young people and the sensible and economic use of valuable public funds.

For more information or to discuss this proposal further, please contact us at:

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