



CONNECTIVE
— STRENGTH —

13 Hyde Gardens, Eastbourne, East Sussex BN21 4PR

31st October 2025

Re: Level II NVRA Training in NVR

Thank you for your interest in the Connective Strength 2026 Advanced Level Training in NVR. Please find key information about next year's Advanced Level Training below.

Connective Strength is a joint venture between Cherry Lane Therapeutic Services and Progressive Psychology. Partners in Connective Strength are Dr Peter Jakob, Consultant Clinical Psychologist, HCPC, CPsychol, AFBPS and Kerry Shoesmith, Cognitive Behavioural Psychotherapist BACP.

Training format

In person small group training for up to 15 participants

Trainers

Peter Jakob (all days) and Kerry Shoesmith (minimum of one day, together with Peter Jakob).

Training modules and dates

AL module I:	20 th -21 st April 2026
AL module II:	1 st -2 nd June 2026
Masterclass in Trauma-focused NVR:	5 th -6 th October 2026

Venue

73 – 81 Southwark Bridge Road, London, SE1 0NQ. (The venue is a 10 minute walk from London Bridge train/underground station.)

Entry level

All participants are required to have completed Foundation Level (Level I) training in NVR that is accredited either by NVRA (The NVR Association) or by NVR UK. All participants need to be accredited in a mental health or social care profession, or work as practitioners in the NHS, Social Services or a recognized charity. All practitioners who are not accredited by a recognized professional or public body must have access to regular clinical and line management supervision within or provided by their organisation which supports them in ethical professional practice. (If in doubt, please contact



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connective strength under info@connectivestrength.co.uk and we will arrange a meeting to discuss the prospective participant's circumstances.)

Accreditation

Advanced Level modules A and B, in conjunction with a Masterclass, are accredited at NVRA Level II. Participants who have completed Level II training are considered eligible to "practice NVR" according to NVRA regulations. Level II training also bestows eligibility to work towards full NVRA accreditation as "NVR Practitioner" (Level III). (Procedures by Connective Strength for Level III NVRA accreditation will be operational from 2027.)

Course content

- Advanced Level modules A and B:
Advanced methods of working in NVR; motivational work in NVR; building a functional ecological support network (caring community); working with the larger system around the family, foster family or care team and ensuring emotional and physical safety; supporting parents to improve their self-control and self-regulation capacities; recognizing and overcoming parental "erasure"; connective processes and methods in NVR; addressing the emotional needs of the NVR practitioner; professional ethics in their application to NVR; addressing issues pertaining to race, ethnicity, gender, disability, faith, culture and socio-economic status in NVR.
- Masterclass in Trauma-focused NVR:
Working with NVR as a trauma-focused approach to improve parents' wellbeing and mental health; understanding the "anchoring function of attachment" and the child's need for parental strength within a trauma-informed perspective; child focus in NVR and addressing unmet needs; understanding and working with serious setbacks in the NVR process; recognizing, actualizing and utilizing parental strengths; working with imagination and embodiment in NVR; using NVR methods to resist further harmful processes impacting on the family (e.g. risk of domestic abuse; coercive practices by professionals).

Course fee

- Standard cost of Level II training package per person: GBP 695.00
- We can offer a discount for groups of 5 or more participants. Please contact Connective Strength for a quote.

(Refreshments, handouts and a paperback copy of Peter Jakob's book "Nonviolent Resistance in Trauma-focused Practice. A Systemic Approach to Therapy and Social Care" for each participant included.)



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Registration, securing places and cancellation

To register, please send the completed Connective Strength registration form to info@connectivestrength.co.uk. You will be notified once your application has been accepted. After notification, full payment of course fees is due. Places on the course are secure once course fees have been paid in full.

Cancellation policy: Cancellations are accepted in writing up to 10 business days prior to the scheduled course date. A credit note will be issued to use on a future course. After that the full course fee is payable. Refunds will not be issued but a substitute participant is welcome to attend in your place.

Please make BACS payment to:

Connective Strength
Natwest 47846001 52-41-00
IBAN GB45NWBK52410047846001

If you have any questions, please feel free to contact us on info@connectivestrength.co.uk. We look forward to seeing you in London!

Dr Peter Jakob

Kerry Shoesmith